



## Teaching Dance Virtually: Re-envisioning Connections and Building Relationships

### Conference Schedule

9:00-9:15	Log-in, Welcome	NDS Standards	Gladys Keeton
9:15-10:15	<b>Session 1</b>	Reaching for Actual While Virtual	Loris Anthony Beckles
10:15-10:30	Break		
10:30-11:30	<b>Session 2</b>	Flipgrid Improvisation Project	Claire Augustine Hixson
11:30-12:15	Lunch	Teacher Talk Round Table	
12:15-1:15	<b>Session 3</b>	Tips and Tools To Effectively Engage Students Online	Elizabeth Sanchez- Lopez
1:15-1:30	Break		
1:30-2:30	<b>Session 4</b>	Releasing Muscular Tension During Online Teaching	Carisa Armstrong & Christine Bergeron
2:30-2:45	Break		
2:45-3:45	<b>Session 5</b>	Guided Meditation	Evelyne Loyer, M.D.
3:45-4:00	Thanks; Closing		Sandy Weeks, Ph.D.